

A warm and inviting spa room. In the foreground, a white ceramic pedestal holds two lit candles: a small one with a green and white geometric pattern and a taller one in a gold-colored perforated holder. Behind them, a massage table is covered with a red and orange patterned towel, and a striped towel is draped over the left end. The background features a wall with two windows. The left window has a small vase of purple flowers and a candle on the sill. The right window has a similar arrangement. A wooden shelf with red candles is visible in the upper left corner.

The Secret Spa at Bosinver

Delivering Professional Mobile Massage, Facials & Wellness treatments at Bosinver Holiday Cottages

Whether you're looking to escape with family and friends, or simply fancy some much-needed 'you' time, The Secret Spa Cornwall professional massage therapist caters to your every whim.

Enjoy instant relaxation without having to venture very far. Relish spa treatments in the comfort and security of your holiday cottage, or in our dedicated treatment room, then retire instantly to bed for a deeply nurturing sleep.

Massage & Body Treatments

Full Body Massage 55 mins £58

This treatment is catered to your needs, whether you would like to induce complete relaxation and relieve stress or loosen those tight muscles and areas of tension. This massage is perfect if you are looking for complete relaxation and like your pressure light to medium.

Deep Tissue/Sports Massage 50 mins £58

Deep tissue massage uses firm pressure and slow strokes to reach deeper layers of muscle and fascia (the connective tissue surrounding muscles). It's used for chronic aches and pain and contracted areas such as a stiff neck and upper back, lower back pain, leg muscle tightness, and sore shoulders.

Full Body Massage & Facial 80 mins on offer at £85

Pregnancy Massage 55 mins £58

This wonderfully nurturing whole-body massage will allow mum-to-be some incredibly special relaxation time. Slow, smooth massage techniques are used to calm and alleviate aches and pains, while a blend of organic oils helps to prevent stretch marks. This is a fantastic treatment for any expectant mother in their second or third trimester.

Back, Neck & Shoulders 25/40/55 mins £30/£45/£58

This relaxing massage attends to the head, neck, shoulders and back – teasing out tensions, easing pain and encouraging both mind and body to unwind.

Head Massage 15/25/40 mins £20/£30/£45

An amazingly revitalising and stimulating treatment that acts as a perfect pick-me-up – or a longer experience designed to tackle a range of tensions and aid complete relaxation.

Reflexology

Reflexology is a helpful complementary treatment and is an extremely effective therapy for stress, anxiety, tension and tiredness, it can also be used as a preventive measure against ill health.

Each Reflexology session is £55

Soothing Hot Stone Full Body Massage 70 mins £75

This deep massage combines smooth hot stones with organic oils to instantly ease muscular tension. Hot stone massage encourages the body to detox and heals with a mix of relaxing warmth and refreshing coolness, ensuring a deeply relaxing experience designed to eliminate tension, soothe tired muscles and rejuvenate the body and mind.

Professional Skincare & Facial Treatments

Our facial treatments combine professional skincare with therapeutic touch to create treatments that not only feel wonderfully relaxing but also deliver visible benefits for the skin.

We use carefully selected Juliette Armand professional skincare, incorporating advanced active ingredients chosen to hydrate, brighten, nourish and rejuvenate the skin.

Each facial is tailored to your individual skin needs, whether your focus is dehydration, dullness, sensitivity, fine lines or simply restoring a healthy, fresh glow.

From our deeply hydrating Glow & Hydrate Facial, to the lifting and de-puffing massage techniques of Sculpt & Renew, and the advanced skin-renewing actives used in our Retinoid Renewal Facial, every treatment is designed to leave your skin feeling beautifully cared for, refreshed and radiant.

Facial Collection

Glow & Hydrate Facial 30 / 55 mins £35 / £60

A deeply hydrating facial to restore moisture and radiance, leaving skin smooth, refreshed and glowing.

Sculpt & Renew Facial 55 mins £60

A revitalising facial combining lymphatic massage and professional skincare to reduce puffiness and leave skin looking lifted, toned and refreshed.

Retinoid Renewal Facial 55 mins £65

An advanced rejuvenating facial using professional retinoid actives to improve texture, tone and radiance while softening the appearance of fine lines.

A cozy bedroom interior featuring a four-poster bed with a patterned duvet, a massage table in the foreground, and warm lighting. The room has exposed wooden beams and a large red and white patterned lantern hanging from the ceiling. A colorful tapestry is on the wall behind the bed, and two bedside tables with lamps are visible. A massage table with a patterned sheet is in the foreground, and a purple cushion is on the right.

Massage, beauty &
wellness at Posinver

The Secret Spa Cornwall

**Call: Sharon on 07411344779 for more information or email:
info@thesecretspacornwall.co.uk**

Terms & Conditions Summary:

Welcome to The Secret Spa at Bosinver, and thank you for your booking. I look forward to meeting you at your preferred time in the treatment room or, if you've opted for treatments at your cottage, I will see you there. Kindly inform me in advance of any health conditions, allergies, or injuries.

For your convenience, a complimentary telephone consultation is available. Please note that full payment is necessary to confirm your booking. You can settle the payment through a bank transfer, or I can email you a secure link for online payment.

Feel free to reach out if you have any inquiries. Looking forward to providing you with a relaxing and enjoyable treatment.

Thank you Sharon Sweet