

## Outdoor play resources

We've put together a list of websites, blogs, and resources connected with outdoor play. There are lots more out there, but why not have a look at these to get started?

### **The Wild Network**

Founded in 2013 the Wild Network is a network of organisations and individuals who are passionate about getting children back to nature.

<https://www.thewildnetwork.com/>

<https://www.facebook.com/thewildnetwork/>

### **The National Trust**

The National Trust has really got behind the idea of outdoor play and making the most of the great outdoors. Take a look at their '50 things to do before you're 11 ¾' for some inspiration for things to do, or find out more about their work in connecting kids with nature. 50 Things to do before you're 11 ¾

<https://www.50things.org.uk/>

<https://www.nationaltrust.org.uk/features/connecting-kids-with-nature>

### **Play England**

Play England's Love Outdoor Play campaign is currently sweeping the country. They aim to raise awareness of the importance of outdoor play and make sure more children can play out more often.

<http://www.playengland.org.uk/>

<http://www.playengland.net/resources-list/>

### **Nature Detectives**

Run by the Woodland Trust, Nature Detectives offers lots of free, downloadable resources for nature based activities. There's also a Nature Detectives Club you can join.

<http://www.naturedetectives.org.uk>

<http://www.woodlandtrust.org>

### **Forestry Commission**

Go to the Forestry Commission's website to find a woodland near you and pick up some nature play ideas.

<https://www.forestryengland.uk/>

### **Richard Louv & the Children and Nature Network**

Author of *Last Child in the Woods* and *The Nature Principle*, and co-founder of the Children & Nature Network, Richard Louv is one of the world's leading authorities on the importance of nature our lives. He coined the term 'nature deficit disorder' and regularly speaks on the subject.

<http://richardlouv.com/>

<http://www.childrenandnature.org/>

## **Sustrans**

Sustrans aims to get more people cycling and walking more often. There's a range of great resources on their website

<https://www.sustrans.org.uk/what-you-can-do/children-and-families>

<https://www.sustrans.org.uk/what-you-can-do/children-and-families/active-and-free-play-children>



## **Books**

*Last Child in the Woods: Saving Our Children from Nature-Deficit Disorder* - Richard Louv, Atlantic Books

*The Nature Principle* – Richard Louv, Algonquin Books

*I Love Dirt! 52 Activities to Help You and Your Kids Discover the Wonders of Nature* - Jennifer Ward, Shambhala Publications Inc

*Go Wild! 101 Things to Do Outdoors Before You Grow Up* - Fiona Danks and Jo Schofield, Frances Lincoln)

*Make it Wild! 101 Things to Make and Do Outdoors* - Fiona Danks and Jo Schofield, Frances Lincoln

*Nature's Playground: Activities, Crafts and Games to Encourage Children to Get Outdoors* - Fiona Danks and Jo Schofield, Frances Lincoln

*I Love My World* - Chris Holland, Wholeland Press

*Michelin I-Spy guides* (range of titles including Creepy-Crawlies, Nature, Birds, Trees, In the Garden)