

# Ideas for Family Days Out



Nanny Pat has tested out many of the best days out to be had in Cornwall with her grandchildren and regularly writes up her findings in her blog [www.bosinver.co.uk/blog](http://www.bosinver.co.uk/blog) Many of the days out are hidden gems that only we locals know about! We hope they will give you lots of ideas to make the most of your holiday here.

60 of the most popular days out have now been compiled into two books of “Nanny Pat’s Adventures” – there will be copies of Book 1 (green cover) and Book 2 (blue cover) in your cottage but if you would like to read them before your holiday they can be found here:



## [Nanny Pat's Adventures Book 1](#) includes:

- The Lost Gardens of Heligan
- Trelissick Gardens
- St Michaels Mount
- St Mawes Castle
- The Cornish Seal Sanctuary
- Mevagissey
- St Ives by train
- Blue Reef Aquarium
- The Camel Trail
- Fowey and Polruan
- Lanhydrock Cycle Hub
- Lappa Valley and many many more...



## [Nanny Pat's Adventures Book 2](#) includes:

- Bodmin to Wenford Steam Railway
- Canoeing from Golant
- Dairyland
- Toddler Friendly Walks
- Wheal Martyn
- Charlestown
- Tintagel
- Pentewan Cycle Trail
- Screech Owl Sanctuary
- Boat trips to Fowey and on the Fal Estuary
- Football Golf
- Padstow and lots more ideas for great days out...

**Other recommended places to visit include:**

**The Eden Project** [www.edenproject.com](http://www.edenproject.com) 01726 811911 Bodelva, St Blazey PL24 2SG

- Unique 'living theatre' telling stories of plants and people
- Iconic Rainforest and Mediterranean biomes
- Special family events throughout the year

**Newquay Zoo** [www.newquayzoo.org.uk](http://www.newquayzoo.org.uk) 01637 873342 Newquay TR2 2NL

- Hundreds of animals from around the world from monkeys to African lions.
- Children's play area, Tarzan trail, tropical house, penguin pool and Oriental garden.

**The Minack Theatre** [www.minack.com](http://www.minack.com) 01736 810181 Porthcurno near Penzance TR19 6JU

- Cornwall's famous open-air theatre is perched on the edge of a cliff with one of the most stunning views to be seen in Cornwall. Performances run from May to September.

**Seahorse Centre** [www.seahorsecornwall.co.uk](http://www.seahorsecornwall.co.uk) 01726 843 485 Pentewan PL26 6BT

- All weather leisure complex near the beach at Pentewan
- Two indoor swimming pools including lagoon pool with waterside flume plus relaxing jacuzzi
- Children's soft play area, café and restaurant
- Open to non-residents except at Whitsun and summer school holidays

**If you would just like to leave the car behind for a day we have compiled '50 things to do without your car' which can be downloaded here** [www.bosinver.co.uk/explore/days-without-a-car](http://www.bosinver.co.uk/explore/days-without-a-car)

**There are more ideas for fun family days out at:** [www.dayoutwiththekids.co.uk](http://www.dayoutwiththekids.co.uk)

**And just in case you happen to encounter some of what we cheekily call 'Cornish sunshine' (!) you may find this website useful:**

[www.101-things-to-do-on-a-rainy-day-in-cornwall.co.uk](http://www.101-things-to-do-on-a-rainy-day-in-cornwall.co.uk)

