

Walk 3: South Polgooth



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1. Follow Bosinver Lane from Apple cottage to the road junction. Turn left then take the first right (photo 1).



2. Turn right at the shop then immediately left to the village hall. Turn left to follow Bal East Miners trail (photo 2).



3. Turn right at wooden fence to the road then right. After 20m turn left down some steep steps (photos, 3 & 4).



4. Go uphill to Lower Lefasant. Shortly after the buildings take the footpath on right over a muddy stream (photo 5).



5. Follow the track for half a mile to the road. Turn right & soon left at the wooden gate to stile. Cross the field, heading uphill (photos 6 & 7).



6. Exit the field at wooden gate at five turnings. Turn right following the sign to Polgooth and follow the road to the village (photo 8).



- 7. Take the first right at Vanvean Farm to return to Polgooth Village Hall (photo 9).
- 8. Turn left then right at the village shop. Take the first left to the T junction. Turn left uphill then take the second right, Bosinver lane to return to Bosinver.

Distance 3 miles Time 1 Hour 15 mins



Suitable for dog walks and running. Some footpaths