



**bosinver**

stay, play & discover the magic

## Walk 4: A circular walk via Trelowth, and Little Polgooth



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1. Turn left out of Bosinver drive towards Sticker. Go straight across Polgooth junction then turn left at gate after 2nd layby (photo 1)
2. At the bottom of the track turn right taking the stone track to left of 2 metal gates (photo 2)
3. Turn right at the end of the track heading uphill (photo 3).
4. At 5 Turnings turn left towards Little Polgooth left (photo 4).
5. Continue along the lane into Little Polgooth. You will pass a grey house. Turn right then left to go along the lane where you see the sign Rose Cot (photo 5).
6. Follow the track until it comes into Polgooth. Turn right at village hall, right at the shop, then immediately left.
7. Turn left at the main road then take the second right into Bosinver Lane and continue on to Bosinver.

**Distance 3 miles** || **Suitable for running.**  
**Time 1 Hour 15 mins** || **Mostly off road**