

Walk 9: Trelowth, Miners trail to S Polgooth mine Little Polgooth, Polgooth Inn



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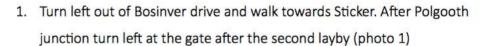








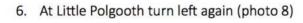




- Continue along the track. Keep going until you reach a T junction where you turn right. Where the main track turns sharp left, continue down the narrow ath in photo 3 which leads to the old Miners Trail.
- Continue along the track keeping the old mine buildings to your left (photos 4 & 5).

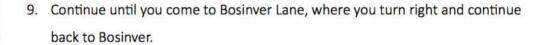


- 4. Continue until you come to a T junction at the Chapel Hill road. Turn right. (photo 6).
- 5. At Five Turnings, turn right towards Little Polgooth (photo 7).













Distance 3.5 miles Time 1.5 hours

Suitable for walks or running.

Some footpaths