



## **Kernewek Therapy Treatments at Bosinver**

Sarah Quintrell offers a unique range of beauty and holistic therapies to suit your needs.

A highly qualified, insured and experienced therapist, Sarah will ensure you receive a treatment that's just right for you! Please choose a treatment from the list below and be truly pampered and relaxed during your stay here at Bosinver.

All treatments are now available as from the 15<sup>th</sup> of August 2020 but due to the current Covid-19 there are new procedures and guidelines that have been put in place and must be adhered to, to keep the client and therapist safe at all times. These are documented on the second page of the treatment list.

### **Massage**

Full body massage (1hr)	£55	Back massage (30min)	£35
Destress massage (45min)	£45	Pregnancy massage (1hr)	£55

### **Holistic**

Reflexology (1hr)	£55	Reiki (1hr)	£50
Indian head massage (30min)	£35		

### **Facials**

Bosinver Relax Facial (1hr)	£55	Mini Facial (30min)	£30
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### **Nails**

Manicure or pedicure (1hr)	£28	File and polish	£18
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## **Waxing**

Underarm	£9	Lip or chin	£9
Half leg	£15	Bikini	£9
Full leg	£25	Eyebrow	£8

To make an appointment please contact Sarah on 07962187933 or by email [saz.quintrell@talk21.com](mailto:saz.quintrell@talk21.com).

I am flexible with times and days and when making an appointment there are now new procedures and guidelines to take into consideration. These will be explained to you by myself and must be adhered to, to keep the client and therapist safe at all times.

Ideally I would like you to prepay for your treatment but if you pay by cash or cheque then I ask you to put the correct amount in an envelope and it must be paid on the day of your treatment.

Treatments will be in the therapy room located in the Gym.

Cancellation of your appointment must be at least 24 hrs prior to your treatment, otherwise full payment will be taken.

