

**Cornwall has some of the best local producers, so rather than visiting a supermarket, why not try some of the finest local produce on offer...**

### **Angels in the Kitchen Private Chef**

If you are celebrating a special occasion or just fancy a treat, our amazing Private Chef service offers you the chance to sit back and enjoy a special dining experience in the comfort of your cottage. Julie and her team at Angels in the Kitchen have a passion for real food and using high quality local produce and can cater for any special dietary requirements. Choose your favourite dishes from their [three course menu](#) or get in touch with them to discuss your needs. No matter what the occasion, their effortless service leaves you free to relax and enjoy your precious holiday time together. To book the Private Chef Service or discuss your catering requirements, please get in touch by emailing [Julie@angelsinthekitchen.co.uk](mailto:Julie@angelsinthekitchen.co.uk) or call Julie on 07808 271325 or 01726 61339.



### **Angels in the Kitchen hand-made frozen meals**

Angels in the Kitchen can also supply their chef-made frozen meals which can all be cooked directly from frozen – order your [main courses](#), [side dishes](#), [puddings](#) and [vegetarian meals](#) before your stay via their website where you can pay online (please note a week's notice is preferred) – **use the code 'local' for free delivery**. They usually have a minimum order of £40 so if your order is less please contact them.

We also have a stock of these meals in the freezer in reception but if you have a particular item in mind it is best to book ahead – if you do place an advance order then the Angels in the Kitchen will ensure your food items will be placed in your cottage ready for your arrival. **Please note for items from the freezer we can only accept cash or cheque made out to Angels in the Kitchen.** They can be contacted on 07737 074951 or 07976 244934 or by email [shop@angelsinthekitchen.co.uk](mailto:shop@angelsinthekitchen.co.uk)

### **Cornish Food Box Company deliveries [www.thecornishfoodboxcompany.co.uk](http://www.thecornishfoodboxcompany.co.uk)**

If you would like delicious, fresh Cornish food delivered to your cottage, the lovely people at the award winning Cornish Food Box Company can supply everything from fresh, free range meat, salad, vegetables, fish and seafood to alcohol, bread, dairy and so much more - everything comes from Cornish farmers, fishermen, bakers and food suppliers. To order just visit their website where you can enjoy a £5 discount on orders over £50 by entering the code BOSINVER in the voucher code box at the bottom of the shopping basket page (the arrow must be clicked to apply the code). Deliveries to Bosinver can be made on Wednesday early evenings, or during the day on Thursday, Friday or Saturday. Everything will be put away in the fridge for your arrival.

### **People & Gardens Veggie Bags [www.peopleandgardens.co.uk](http://www.peopleandgardens.co.uk)**

We also love supporting the fabulous team at People and Gardens who will deliver their fresh seasonal veg from the Eden Project's Watering Lane Nursery to Bosinver. By ordering from them, you'll be supporting this not-for-profit organisation to continue providing opportunities and employment for disadvantaged individuals. What's included in your veg bag will depend on what's in season - small bag example: potatoes, carrots, onions, tomatoes, bean sprouts, cucumber, mixed lettuce leaves, kohlrabi, herbs (£10). Large bag example: All of above plus cauliflower, spring onions, courgettes (£13). To order email [peopleandgardens@hotmail.co.uk](mailto:peopleandgardens@hotmail.co.uk) or call 01726 70721 / 07816 230630.

## Grocery supplies and newspapers

Our local village shop and post office, Polgooth Village Stores, also has an excellent range of produce sourced locally wherever possible. If you'd like to support this great local business you can order all of your grocery needs by calling Sam or Mark Butcher on 01726 73816 or via this online form <https://www.bosinver.co.uk/eating/order-groceries>

They can also arrange for a newspaper to be delivered to Bosinver and you can even settle up your bill at the store during your stay. It is worth noting that they bake fresh bread and croissant every day and you can call them in the morning to order pasties for pickup at lunchtime – great for a picnic!

## Lobbs Farm Shop, Heligan [www.lobbsfarmshop.com](http://www.lobbsfarmshop.com)

This award-winning farm shop close to the Lost Gardens of Heligan sells a wide range of local produce (meat, cheeses, preserves, bread, fruit and vegetables). Produce can be ordered online at although a visit to the shop can be more rewarding. Heligan, St Ewe, St Austell, PL26 6EN 01726 844411.

## Truro Farmers' Market [www.trurofarmers.co.uk](http://www.trurofarmers.co.uk)

Lemon Quay Piazza Truro TR1 Every Saturday and Wednesday 9am-4pm

**Mevagissey Farmers' Market** The Courtyard Indoor Market, West Wharf, Mevagissey PL26 6UJ Every Sunday 9am to 1pm

**Grampound Local producers market** Grampound Village Hall on the last Saturday of each month (not December) from 10am to 1 pm



**Cornwall's fishing industry is more sustainable now than ever and fresh Cornish seafood is renowned for its quality and taste.** The Cornwall Wildlife Trust have produced a Cornwall Good Seafood Guide to help you make good seafood choices. Find it online here [www.cornwallgoodseafoodguide.org.uk](http://www.cornwallgoodseafoodguide.org.uk) with plenty of recipes [www.cornwallgoodseafoodguide.org.uk/fish-recipes.php](http://www.cornwallgoodseafoodguide.org.uk/fish-recipes.php) and places to buy [www.cornwallgoodseafoodguide.org.uk/directory.php](http://www.cornwallgoodseafoodguide.org.uk/directory.php)

## Wing of St Mawes

For fresh Cornish fish you can order online from Wing of St Mawes and have your selection delivered to Bosinver. They also offer fresh fish selection boxes, which are ideal for large groups or special occasions. 01726 862489 [www.thecornishfishmonger.co.uk](http://www.thecornishfishmonger.co.uk)

## Fish for Thought

A variety of fresh or frozen fish and seafood available. Order online for delivery within 24 hours. 01208 262202 [www.martins-seafresh.co.uk](http://www.martins-seafresh.co.uk)

## Mevagissey Wet Fish

Buy straight from the end of the quay at Mevagissey 01726 843839

### **Richards of Par**

Traditional greengrocers selling a wide range of fresh fruit and vegetables, as well as fish. Just past the china clay docks on the A3082 Harbour Rd, Par PL24 2BD 01726 825078

### **Kittows of Holmbush**

Traditional local butcher in St Austell 01726 73005 [www.kittowsqualitymeats.co.uk](http://www.kittowsqualitymeats.co.uk)

T.A Kittows and Sons, 99 Holmbush Road, St Austell, PL25 3HT

### **Tywardreath Butchers**

A small village shop at the centre of Tywardreath with a big national reputation run by family butcher Charles Harris.

41 Church Street, Tywardreath, Par, Cornwall PL24 2QQ

01726 812393 [www.thelocalbutcher.co.uk](http://www.thelocalbutcher.co.uk)

### **Fish & Chips**

Holmbush Fish Bar: 86 Daniels Lane, St Austell PL25 3HT (opposite Tesco) 01726 73805

Fishermen's Chippy: Oliver Quay, Mevagissey PL26 6UA 01726 842209 (some say the finest in Cornwall!)

White River Fish Bar: 27 Trinity Street, St Austell PL25 5LS 01726 871444

### **Other local takeaways**

Water Margin Chinese 2 Gover Rd, Saint Austell PL25 5ND 01726 74886

Riverside Chinese 75 West Hill, Saint Austell PL25 5EY 01726 73541

Eastern Paradise Indian 28 Beach Rd, Carlyon Bay, St Austell PL25 3PH 01726 813141

Mevagissey Spice Indian 3-4 River Street, Mevagissey PL26 6UE 01726 844701

Domino's Pizza Southbourne Rd, Saint Austell PL25 4RS 01726 639999

### **Cornish Pasties**

No holiday to Cornwall is complete without at least one Cornish pasty, preferably eaten hot with a view of the sea (just watch out for the seagulls). Ask a Cornish person who bakes the best pasties in Cornwall and they'll probably say their mum! The quality of pasties can vary but we recommend our local Polgooth Village Stores (order their 'Proper Cornish' pasties in the morning on 01726 73816 for pickup at lunchtime), Sticker's Post Office for 'Ogy 1' pasties, Rowe's bakery in St Austell or local butchers who produce their own hand-made pasties. Or you could have a go at making your own like Nanny Pat does with her grandchildren – check out her blog post

[www.bosinver.co.uk/making-cornish-pasties-grandchildren](http://www.bosinver.co.uk/making-cornish-pasties-grandchildren)

